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When you see a diner bell icon, you've found a fan favorite.

# (FARE) GUIDE TO BETTER NUTRITION

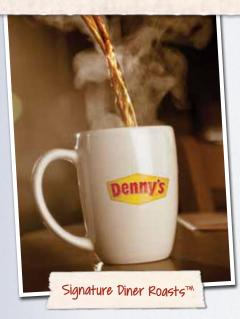
Substitute healthier items like egg whites, chicken sausage, hearty wheat pancakes and sugar-free syrup. Also look for our Fit Fare logos throughout the menu.











# COFFEE

Our delicious Signature Diner Roasts  $^{\text{\tiny{TM}}}$  come in two coffee blends: MILD and BOLD. So, no matter what your coffee preference is, we've got a roast for you. Free Refills.

MILD . BOLD

MILD or BULD	2.09
Decaf	2.09
Iced Coffee	2.79
Frosty Roast	3.49
Frozen Coffee Refills Extra	



# OTHER BEVERAGES







Soft Drinks Add a free shot of cherry or vanilla flavor to any soft drink. A few diner favorites:

Cherry & Sprite, Vanilla & Coca-Cola, Vanilla & Dr Pepper®

FUZE® Raspberry Tea	2.19
Iced Tea	2.19
Hot Tea / Herbal Tea	1.99
Hot Chocolate	2.15

# SM00THIES 3,29 each

Our smoothies are made with real fruit and nonfat yogurt. Choose from three flavors.

**Orange Grove Groovy Mango** Strawberry Banana Bliss





Free Refills.

Mango Lemonade Minute	2.79
Lemonade Iced Tea	2.19
Lemonade	2.19
Strawberry Lemonade	2.79
Strawberry Mango Pucker $^{\scriptscriptstyle{TM}}$	2.79

# JUICE & MILK

Minute Maid® Orange Juice	1.99 / 2.65
Other Juices Ruby Red Grapefruit, Apple, Cranberry or Tomato	1.99 / 2.65
Family Size Juice Carafe	5.69
Milk	2.05 / 2.65
Chocolate Milk	2.15 / 2.75

# MILK SHAKES 3.99 each

Enjoy a full glass of our thick, creamy, hand-dipped milk shakes made with premium ice cream, plus a little extra in the tin.

**NEW!** Chocolate Peanut Butter **NEW!** Cinnamon Apple Pie Or try our classic Vanilla, Chocolate, Strawberry or Oreo® Shakes.



# All-American Slam®

Three scrambled eggs with Cheddar cheese, two bacon strips and two sausage links, plus hash browns and choice of bread. 9.29

### The Grand Slamwich®

Two scrambled eggs, crumbled sausage, crispy bacon, shaved ham and American cheese on potato bread grilled with a maple spice spread. Served with crispy



# French Toast Slam®

Two thick slices of our fabulous French toast with two eggs,\* two bacon strips and two sausage links. 8.69

# Belgian Waffle Slam®

A golden waffle served with two eggs,\* two bacon strips and two sausage links. 8.69

# Lumberjack Slam®

Two buttermilk pancakes, a slice of grilled ham, two bacon strips, two sausage links and two egg hash browns and choice of bread. 9.99

#### Fit Slam®

Egg whites scrambled together with fresh spinach and grape tomatoes, plus two turkey bacon strips, an English muffin and seasonal fruit. 7.79





# BUILD YOUR OWN GRAND

Add additional items o your Build Your Own Grand Slam® LIMIT TWO ITEMS

Pick any FOUR items and make it your own. 6.59

Or make it easy. Just ask your server for the Original Grand Slam® and get two buttermilk pancakes, two eggs,\* two bacon strips and two sausage links.

Bacon Strips (2) Sausage Links (2) Turkey Bacon Strips (2) Eggs\* (2) Buttermilk Pancakes (2) Slices of Toast (2) Buttermilk Biscuit English Muffin Hash Browns Grits (6 am - 2 pm only) Oatmeal (6 am - 2 pm only)

# Fit Fare® Options Chicken Sausage Patty (1)

Egg Whites (2) Hearty Wheat Pancakes (2)

#### Premium Items add 49¢ each Grilled Ham Slice Hearty Breakfast Sausage (1) Seasonal Fruit (Selection may vary.) Yogurt



\*Eggs served over-easy, poached, sunny-side-up or soft-boiled may be undercooked and will only be served upon the consumers' request. NOTICE: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



Puppies'

Add six delicious bite-sized round pancakes rolled in cinnamon sugar and served with Warm syrup.



Three-egg omelettes are served with hash browns and choice of bread.

# Meat Lover's Omelette

Grilled prime rib, crumbled chorizo sausage, bacon, fire-roasted bell peppers and onions, and Cheddar cheese covered with Pepper Jack queso. 9.79

#### Ham & Cheese Omelette

Diced ham, melted Swiss and American cheeses. 8.99

# Philly Cheesesteak Omelette

Grilled prime rib, fire-roasted bell peppers and onions, sautéed mushrooms and melted Swiss cheese. 9.49

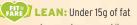


# **Ultimate Omelette®**

Crumbled sausage, bacon, fire-roasted bell peppers and onions, mushrooms, diced tomatoes and shredded Cheddar cheese. 9.79

## NEW! Loaded Veggie Omelette

Fresh spinach, mushrooms, sautéed zucchini and squash, diced tomatoes and melted Swiss cheese. 8.99









\*Eggs served over-easy, poached, sunny-side-up or soft-boiled and steaks that are served rare or medium-rare may be undercooked and will only be served upon the consumers' request. NOTICE: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

CAUTION: Skillets are hot. Handle with care.

# **Hearty Breakfast Skillet**

A hearty breakfast sausage with seasoned red-skinned potatoes, sautéed mushrooms and fire-roasted bell peppers and onions served on a sizzlin' hot skillet. Topped with shredded Cheddar cheese and two eggs.\* 7.59



# Fit Fare® Veggie Skillet

Seasoned red-skinned potatoes, fire-roasted bell peppers and onions, mushrooms and broccoli on a sizzlin' hot skillet topped with two egg whites scrambled with spinach and grape tomatoes. Served with a side of salsa. 7.59



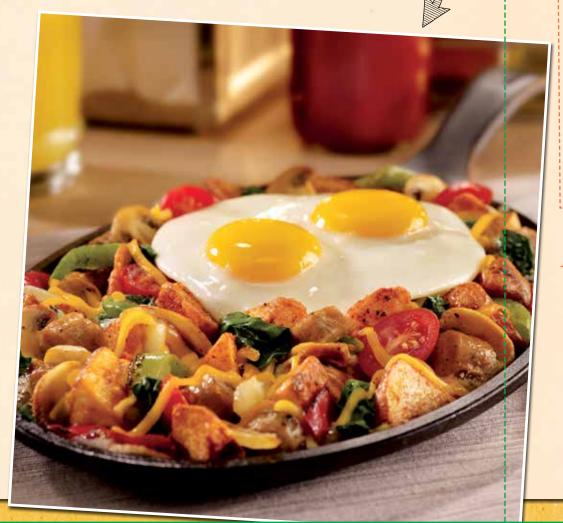


### Santa Fe Skillet

Crumbled chorizo sausage, fire-roasted bell peppers and onions, mushrooms and seasoned red-skinned potatoes served on a sizzlin' hot skillet. Topped with Cheddar cheese and two eggs.\* 7.59

# Ultimate Skillet

Grilled sausage, fresh spinach, fire-roasted bell peppers and onions, mushrooms, grape tomatoes and seasoned red-skinned potatoes served on a sizzlin' hot skillet. Topped with Cheddar cheese and two eggs.\* 7.59



# PANCAKES ....

# NEW! Cinnamon Pancake Breakfast

Cinnamon sauce and cream cheese icing drizzled over two buttermilk pancakes. Served with two eggs\* and hash browns, plus your choice of two strips of bacon or two sausage links and a side of warm syrup. 7.29



Cinnamon Pancake Breakfast

# **NEW!** Peanut Butter Cup Pancake Breakfast

Chocolate chips and white chocolate chips inside two buttermilk pancakes, topped with hot fudge and drizzled with peanut butter sauce. Served with two eggs\* and hash browns, plus your choice of two strips of bacon or two sausage links and a side of warm syrup. 7.29

# Banana Pecan Pancake Breakfast

Glazed pecans cooked inside two hearty wheat pancakes and topped with fresh banana slices. Served with two scrambled egg whites, two strips of turkey bacon and a side of warm syrup. 7.49





# Blueberry Pancake Breakfast

Juicy blueberries cooked inside two buttermilk pancakes. Served with two eggs\* and hash browns, plus your choice of two strips of bacon or two sausage links and a side of warm syrup. 7.49

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 Bacon Strips (4)	3.19	Red-Skinned Potatoes	2.69
Turkey Bacon Strips (4)	3.19	Hash Browns	2.69
Sausage Links (4)	3.19	Cheddar Cheese Hash Browns	3.49
Hearty Breakfast Sausage (1)	3.19	Everything Hash Browns	3.69
Chicken Sausage Patties (2)	3.19	(Onions, Cheddar cheese & country gravy)	
Grilled Ham Slice	3.59	Grits (6 am - 2 pm only)	2.69
Eggs* (Each)	1.89	Oatmeal (6 am - 2 pm only)	4.29
Slices of Toast (2)	1.99	Yogurt	2.69
Buttermilk Biscuit	1.99	Seasonal Fruit	2.69
English Muffin	1.99	(Selection may vary.)	

# Country-Fried Steak & Eggs\*

A golden-fried chopped beef steak smothered in rich country gravy. Served with two eggs, hash browns and choice of bread. 10.29



# T-Bone Steak\* & Eggs\*

A tender 13 oz. seasoned T-Bone steak\* served with two eggs, hash browns and choice of bread. 14.89



# Moons Over My Hammy®

Our classic ham and scrambled egg sandwich with Swiss and American cheeses on grilled sourdough. Served with hash browns. 8.59



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# **BUILD YOUR OWN** SAMPLER

of dipping sauces. 8.29 Not so hungry? Pick two 5.79

Jalapeño Bottle Caps® Mozzarella Cheese Sticks Onion Rings

Cheese Quesadilla Chips & Queso Chicken Strips



# Pancake Puppies®

Delicious bite-sized round pancakes rolled in cinnamon sugar and served with warm syrup.

Ten Puppies 2.99 Six Puppies 1.99

# Chicken Strips

Spicy, golden-brown breaded chicken strips tossed in your choice of Sweet & Tangy BBQ or Buffalo sauce. Served with celery sticks and your choice of dipping sauce. 7.49

# **Zesty Nachos**

Our tortilla chips are cooked fresh to order. Topped with Pepper Jack queso, shredded Cheddar cheese, specially seasoned

# Mozzarella Cheese Sticks

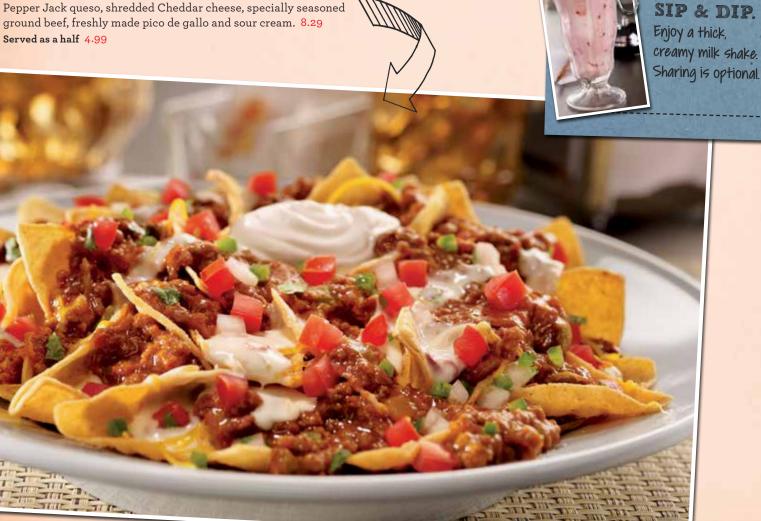
Golden-fried with a side of dipping sauce. 5.99

# Chicken & Sausage Quesadilla

Roasted seasoned chicken, crumbled sausage, fire-roasted bell peppers and onions, melted American cheese and freshly made pico de gallo fill a flour tortilla. Served with a side of ranch dressing. 6.99



**Smothered Cheese Fries** Wavy-cut French fries covered with Pepper Jack queso, shredded Cheddar cheese and crumbled bacon. Served with a side of creamy ranch dressing. 5.49



# Soups

Kettle-cooked to be rich and hearty. Served with dinner bread. Available from 11 am to 10 pm.

Bowl 3.89 Cup 2.89



# Prime Rib Cobb Salad

Tender prime rib, bacon, fresh avocado, grape tomatoes, Cheddar cheese, hard-boiled egg and potato sticks atop a bed of spring mix. Served with the dressing of your choice and dinner bread. 9.29 Grilled Chicken Cobb Salad 9.29



# Served as a half 6.99

Grilled seasoned chicken breast, glazed pecans, apple slices and

dried cranberries atop a bed of spring mix. Served with balsamic

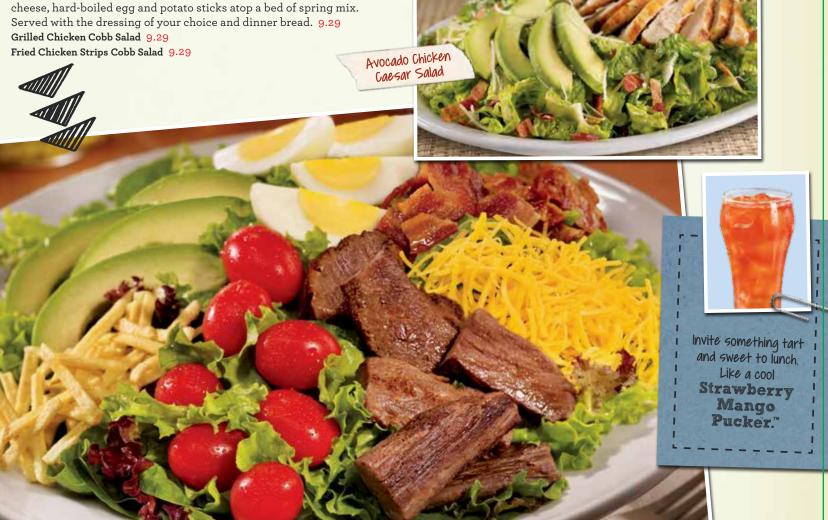
Cranberry Apple Chicken Salad

vinaigrette and dinner bread. 9.29



# Avocado Chicken Caesar Salad

Grilled seasoned chicken breast, fresh avocado, crisp bacon crumbles and shredded Italian cheeses on top of fresh romaine lettuce. Tossed with Caesar dressing and served with dinner bread. 9.29 NEW! Avocado Salmon Caesar Salad 10.29



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You can opt for healthier selections like a veggie patty, a whole wheat bun and a side of seasonal fruit. All at no extra cost.

Burgers are served with your choice of wavy-cut French fries, hash browns, seasonal fruit or dippable veggies.

# Bacon Avocado Cheeseburger

Crispy bacon, fresh avocado and melted Cheddar cheese top a hand-pressed beef patty. Served with mayo, lettuce, tomato, red onions and pickles. 9.49



Bacon Avocado Cheeseburger

# Bacon Slamburger™

Crispy hash browns, an egg\* cooked to order, and two bacon strips top a hand-pressed beef patty covered with Pepper Jack queso. 9.29



# **BUILD YOUR OWN** BURGER

Follow the steps below and make it your own. 8.59

PICK YOUR	2. FIND YOUR	3. SAY
PATTY	BASE	CHEESE
Beef Patty	Sesame Seed Bun	Swiss
Grilled Seasoned	Cheddar Bun	Cheddar
Chicken Breast	Whole Wheat Bun	American
Veggie Patty		Extra chee
Extra patty 1.50		79¢ each

# CHOOSE VOID TOPPINGS

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Lettuce	Pickles	Mayo
Tomato	Grilled Onions	BBQ Sauce
Red Onions	Sliced Jalapeños	NEW! Bourbon S

### 5. PREMIUM TOPPINGS (\$1 per selection)

Fresh Avocado Sautéed Mushrooms Onion Tanglers™ Bacon Jalapeño Bottle Caps®

Did you know that every one of our beef patties is hand-pressed and grilled fresh to order?

# NEW! Bourbon Bacon Burger

A hand-pressed beef patty topped with Cheddar cheese, bacon, sautéed onions and mushrooms. Served on a Cheddar bun with lettuce, tomato, red onions, pickles and a sweet bourbon sauce. 9.49



# Mushroom Swiss Burger

Melted Swiss cheese and mushrooms sautéed in garlic and herbs top a hand-pressed beef patty. Served with lettuce, tomato, red onions and pickles. 9.29

# Double Cheeseburger

Your choice of American, Swiss or Cheddar cheese tops two hand-pressed beef patties. Served with lettuce, tomato, red onions and pickles. 9.79



## SIDES

Seasoned Fries	3.39	Caesar Salad	3.49
French Fries	2.79	Garden Salad	3.49
Hash Browns	2.69	Dippable Veggies	2.79

\*Eggs served over-easy, poached, sunny-side-up or soft-boiled may be undercooked and will only be served upon the consumers' request. NOTICE: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

# AND VICES

Hand-crafted sandwiches are served with your choice of wavy-cut French fries, hash browns, seasonal fruit or dippable veggies.

# **NEW!** Chicken Salad Sandwich

Homemade with roasted seasoned chicken, celery, red grapes, toasted almonds and mayo. Served with spring mix and tomato on toasted 7-grain bread. 8.69



# Chicken Avocado Sandwich

A grilled seasoned chicken breast with fresh avocado, pico de gallo, lettuce and sour cream on a whole wheat bun. Served with Fit Fare® fresh veggies as your side choice. 8.69



# **Bacon Lover's BLT**

Eight crisp slices of bacon piled high with lettuce, tomato and mayo on toasted sourdough bread. 8.79

# NEW! Club Sandwich

Thinly sliced turkey breast, crisp bacon, lettuce, tomato and mayo on toasted 7-grain bread. 9.49

# The Super Bird®

Thinly sliced turkey breast with melted Swiss cheese, crisp bacon and tomato on grilled sourdough. 8.99



# NEW! Chicken Bacon Classic

A grilled seasoned chicken breast topped with melted Swiss cheese, bacon and a creamy pepper sauce. Served with lettuce, tomato, red onions and pickles. 8.99



## Prime Rib Philly Melt

Juicy prime rib, mushrooms and onions sautéed, then topped with melted Swiss cheese on grilled garlic and herb ciabatta bread. 9.29





Upgrade to Seasoned Fries

Add Bacon (2 Strips)

Add a Bowl of Soup Add a Cup of Soup

11 am to 10 pm. Selection may vary.



Soup available from

# Save room for coffee & deccerti



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# -----: CLASSICS -----;

# Brooklyn Spaghetti & Meatballs

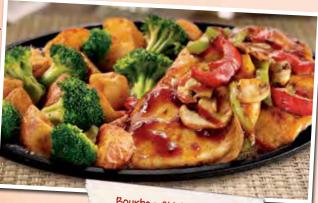
Three seasoned meatballs atop a bed of pasta covered in a rich, meaty tomato sauce. Served with a side of shredded Italian cheeses and garlic toast. 9.79



# NEW! Bourbon Chicken Skillet

Wild, Natural & Sustainabi

Two grilled seasoned chicken breasts covered with a delicious sweet bourbon glaze topped with mushrooms and fire-roasted bell peppers and onions. Served with broccoli and seasoned red-skinned potatoes. 9.69





# Chicken Strips

Four spicy, golden-brown breaded chicken strips served with a dipping sauce, your choice of two sides and dinner bread. 10.79

# Slow-Cooked Pot Roast

Slow-cooked pot roast, creamy mashed potatoes and herb-roasted carrots, celery, mushrooms and onions atop grilled ciabatta bread and covered in rich gravy. 9.99



Slow-Cooked Pot Roast

PROTEIN: Over 20g of protein

# ----- SEAF00D -----

# Tilapia Ranchero

A seasoned white fish fillet grilled and topped with freshly made pico de gallo and fresh avocado. Served with your choice of two sides and dinner bread, 10.69



FARE LIGHT: Under 550 calories potatoes and broccoli as your side



### NEW! Alaska Salmon

A grilled wild-caught Alaska salmon fillet seasoned with a delicious blend of garlic and herbs. Served with your choice of two sides and dinner bread. 9.69

## NEW! Fit Fare® Alaska Salmon

A seasoned wild-caught Alaska salmon fillet grilled to perfection. Served with whole grain rice and steamed broccoli. 9.69



Fish & Chips Two wild-caught white fish fillets fried golden-brown and served with wavy-cut French fries. Served with tartar sauce and your choice of one side and dinner bread. 9.99

# CAUTION: Skillets are hot. Handle with care

# STEAKS .....

### T-Bone Steak\*

A tender 13 oz. seasoned T-Bone steak\* with your choice of two sides and dinner bread. 15.29

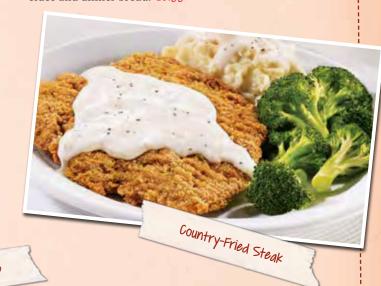
# T-Bone Steak\* & Shrimp

A tender 13 oz. seasoned T-Bone steak\* with six golden-fried shrimp. Served with your choice of two sides and dinner bread. 17.29



# Country-Fried Steak

A dinner-sized, golden-fried chopped beef steak smothered in rich country gravy. Served with your choice of two sides and dinner bread. 10.99



# Sirloin Steak\*

A USDA select, 8 oz. seasoned sirloin steak\* cooked to perfection. Served with your choice of two sides and dinner bread. 11.59

FARE LEAN: Under 15g of fat when you choose whole grain rice, steamed zucchini & squash and

FARE PROTEIN: Over 20g of protein



Dippable Veggies

SIDES

Fresh Sautéed Zucchini & Squash (also available steamed)

Sweet Petite Corn

Cheddar Mashed Potatoes

French Fries Hash Browns

Mac 'n Cheese

Mashed Potatoes Red-Skinned Potatoes

Whole Grain Rice





Add Six Golden-Fried Shrimp Add a Garden or Caesar Salad

Add a Bowl of Soup Add a Cup of Soup

Soup available from 11 am to 10 pm.



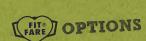
\*Steaks that are served rare or medium-rare may be undercooked and will only be served upon the consumers' request. NOTICE: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



Try a cup of our MILD or BOLD Signature Diner Roasts coffee today.

Also available in Decaf.





You can opt for healthier selections like egg whites, chicken sausage, hearty wheat pancakes and sugar-free syrup. All at no extra cost.

# Senior Scrambled Eggs & Cheddar Breakfast

Two scrambled eggs with Cheddar cheese. Served with two bacon strips, two sausage links and two buttermilk pancakes. 6.59

# Senior French Toast Slam®

One thick slice of our fabulous French toast with one egg,\* two bacon strips or two sausage links. 6.49

# Senior Belgian Waffle Slam®

A golden waffle served with one egg,\* two bacon strips or two sausage links. 6.49

# Senior Starter™

One egg\* with one bacon strip or one sausage link. Choice of seasoned red-skinned potatoes, hash browns or seasonal fruit and choice of toast, biscuit or an English muffin. 5.69

# NEW! Senior Fit Fare® Loaded Veggie Omelette

Egg white omelette with spinach, mushrooms, sautéed zucchini and squash, diced tomatoes and Swiss cheese. Served with seasonal fruit and an English muffin. 6.99







# Senior Omelette

A two-egg omelette with sautéed onions, bacon, diced tomatoes and shredded Cheddar cheese. Served with choice of seasoned red-skinned potatoes, hash browns or seasonal fruit and choice of toast, biscuit or an English muffin. 6.99

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# LUNCH

Served with your choice of wavy-cut French fries, hash browns, seasonal fruit or dippable veggies.

## NEW! Senior Club Sandwich

Thinly sliced turkey breast, crisp bacon, lettuce, tomato and mayo on toasted 7-grain bread. 7.29

# Senior Grilled Cheese Sandwich

Melted American cheese on grilled sourdough bread. 5.99

# DINNER

Includes choice of our Caesar salad, a garden salad or a cup of soup. Soup available from 11 am to 10 pm.

# Senior Brooklyn Spaghetti & Meatballs

Two seasoned meatballs atop a bed of pasta covered in a rich, meaty tomato sauce. Served with a side of shredded Italian cheeses and garlic toast. 8.69

# Senior Country-Fried Steak

A golden-fried chopped beef steak smothered in rich country gravy. Served with choice of two sides and dinner bread. 8.29

# Senior Grilled Chicken

A grilled seasoned chicken breast. Served with choice of two sides and dinner bread. 8.29

#### Senior Grilled Tilapia

A grilled seasoned white fish fillet. Served with choice of two sides and dinner bread. 9.29





For the perfect gift, give a Denny's Gift Card today.



Join us at dennys.com to receive all of our latest news, offers and exclusive promotions!





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